New Local School Wellness Policy Requirements: Opportunities and Challenges for Implementation

2015 Childhood Obesity Conference
July 1, 2015; 1:30–2:45 PM
Overview of Today’s Session

- Opening Remarks by Moderator about CA LSWP
  - Heather Reed, Nutrition Education Consultant, California Department of Education

- LSWP 2.0 – Ready, Set, Implement!
  - Allison Nihiser, Health Scientist, Centers for Disease Control and Prevention

- San Diego County Childhood Obesity Initiative
  - Kate McDevitt, Senior Manager of School Wellness Programs, UC San Diego School of Medicine, Center for Community Health

- Our Progress: Growing Healthy Children
  - Sharon Hillidge, Wellness Resource Teacher, Chula Vista Elementary School District

- Questions and Answers for Panel
Learning Objectives

- Describe the new requirements for Local School Wellness Policies and identify 5 common themes for successful implementation

- Consider how to apply the model and resources from San Diego County’s Childhood Obesity Initiative

- Describe the critical role of using data as a catalyst for supporting policy and environmental changes, based on Chula Vista Elementary School District’s height and weight surveillance project
California LSVP Requirements

- Leader in competitive foods and beverages

- Only Healthy Fundraisers allowable
California Local School Wellness Policy Collaborative

The California Local School Wellness Policy (LSWP) Collaborative brings together state leaders committed to improving student wellness and academic success. By leveraging their collective resources, the collaborative members are building a statewide infrastructure that supports schools in updating and implementing their Local School Wellness Policies.

**Vision:**
We inspire school communities to take their wellness policies from paper to practice.

**Mission:**
We are a catalyst for school communities and stakeholders to implement highly effective local school wellness policies in California schools to support student health and academic achievement.

**Collaborative Goals:**
Build broad support for local school wellness policy implementation, among schools, after school programs, health departments, elected officials and community stakeholders; and assist districts in revising their policies to meet Child Nutrition Reauthorization Act/Healthy Hunger Free Kids Act of 2010 requirements and strengthening their skills and commitment to implement local priorities and monitor adopted local school wellness policies.

For more information about the California Local School Wellness (LSWP) Collaborative and to access resources, please visit our web page at: TeamCaliforniaForHealthyKids.org/School-Wellness
Regional LSWP Trainings Fall 2015

Model Policies
Policy Evaluation Tools
Wellness Policy Directories
Electronic Newsletter
E–tools and Web–based Libraries
One stop Shopping!

Local School Wellness Policy (LSWP) Resources

Local School Wellness Policy Requirements

- Healthy, Hunger-Free Kids Act of 2010 Legislation (PDF)
- The USDA Policy Memorandum (PDF) - Available from the Food and Nutrition Services (FNS) School Policy, this memorandum provides more detailed information about the requirements and recommended actions for the School Year 2011-12.
- Comparison Chart of 2004 and 2010 Requirements of the 2004 and 2010 Requirements (PDF)

Sample Local School Wellness Policies

- Food and Nutrition Services Local School Wellness Policy
- CSBA Sample Student Wellness Policy 5030 (Revised July 2013) - The California School Board Association has developed model policy language to meet the Healthy-Hunger Free Kids Act of 2010 requirements.
- National School Boards Association - Provides a national school health policy database which includes laws and policies from 50 states.
- Dairy Council of California Wellness Policy Directory - Districts can locate their wellness policy and other district wellness policies. Also available is a scoring and

Questions?

Thank You!

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