

A Whole New Look at School Lunch: Perceptions Matter!

Tuesday, June 30, 2015

Workshop Session 1



Objectives:

1. Describe three ways that Smarter Lunchrooms Movement principles improve perception of the school meal program and increase student consumption of healthful foods especially for low-income students.
2. Identify one way to use the key perceptions, values and goals of Washington State school nutrition administrators and staff to consider how to design and plan Smarter Lunchroom Movement interventions in the cafeteria.
3. Identify two ways that a school district can implement Smarter Lunchrooms successfully.

Kathryn Hoy, Manager, BEN Center in
Child Nutrition Programs, Cornell University

Mary Podrabsky, Director, School and
Community Initiatives, University of Washington

Suzy Sayre, Director, Nutrition Services,
El Monte High School District