



**Healthy After School Environment and Lifelong Positive Youth Behaviors**

Year 3 TCHAS Mentee Teams (Total: 15 TCHAS Mentor Team sites and 15 to 30 Mentee Team sites)							
Region 1	Region 3	Region 5	Region 6	Region 7	Region 9	Region 10	Region 11
• 1 - 2 Mentee sites TBD	• Sierra View Elementary • Noralto Elementary	• 1 - 2 Mentee sites TBD	• Shasta Elementary • Golden West Elementary	• Ivanhoe Heart Program • Crestwood Heart Program	• 1 - 2 sites TBD	• Canyon Crest Elementary • Citrus Elementary School	• 1 - 2 sites TBD



Year 1, Year 2, Year 3 TCHAS Mentor Teams (Total: 15 Sites for these 8 Regions)								
Region 1	Region 3	Region 4	Region 5	Region 6	Region 7	Region 9	Region 10	Region 11
• CalSERVES • South Bay Union	• Sacramento CCC	• Livermore Believes	• Silicon Valley YMCA	• Manteca GECC	• Visalia ProHeart	• Anaheim YMCA	• Fontana ASP	• Los Altos/Los Molinos ASP






5 Leading Principles				
Wellness Policy	Nutrition Education	Physical Activity	Healthy Snacks	Coaching and Mentoring



TCHAS Components							
Pre-Assessment	Action Plans	In-Person Training	Nutrition Education and Physical Activity Curriculum and Webinars	Professional Learning Community	Technical Assistance Site Visits	Evaluation Site Visits and Interviews	TCHAS Web Section



TCHAS Leaders			
 <p>California Department of Education – Nutrition Services Division</p>	 <p>California Healthy Kids and After School Resource Center</p>	<p>Leadership Team (CDE-ASD, CCS, ASNet, UCCE, Sacramento CCC, CDE-NSD, CASRC/CHKRC)</p>	

Yellow Highlighted Area: Notes Region did not continue to Year 3.