### Healthy After School Environment and Lifelong Positive Youth Behaviors

#### Year 3 TCHAS Mentee Teams

<table>
<thead>
<tr>
<th>Region</th>
<th>Mentee Teams</th>
</tr>
</thead>
<tbody>
<tr>
<td>Region 1</td>
<td>Sierra View Elementary, Noralto Elementary, 1-2 Mentee sites TBD</td>
</tr>
<tr>
<td>Region 3</td>
<td>1-2 Mentee sites TBD</td>
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<tr>
<td>Region 5</td>
<td>1-2 Mentee sites TBD</td>
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<tr>
<td>Region 6</td>
<td>Shasta Elementary, Golden West Elementary, Ivanhoe Heart Program</td>
</tr>
<tr>
<td>Region 7</td>
<td>1-2 sites TBD</td>
</tr>
<tr>
<td>Region 9</td>
<td>Canyon Crest Elementary, Citrus Elementary School, 1-2 sites TBD</td>
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<td>Region 10</td>
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<td>Region 11</td>
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</tr>
</tbody>
</table>

#### Year 1, Year 2, Year 3 TCHAS Mentor Teams

- CalSERVES
- South Bay Union
- Sacramento CCC
- Livermore Believes
- Silicon Valley YMCA
- Manteca GECC
- Visalia ProHeart
- Anaheim YMCA
- Fontana ASP
- Los Altos/Los Molinos ASP

#### 5 Leading Principles

- Wellness Policy
- Nutrition Education
- Physical Activity
- Healthy Snacks
- Coaching and Mentoring

#### TCHAS Components

- Pre-Assessment
- Action Plans
- In-Person Training
- Nutrition Education and Physical Activity Curriculum and Webinars
- Professional Learning Community
- Technical Assistance Site Visits
- Evaluation Site Visits and Interviews
- TCHAS Web Section

#### TCHAS Leaders

- California Department of Education – Nutrition Services Division
- California Healthy Kids and After School Resource Center
- Leadership Team (CDE-ASD, CCS, ASNet, UCCE, Sacramento CCC, CDE-NSD, CASRC/CHKRC
- WestEd

*Yellow Highlighted Area: Notes Region did not continue to Year 3.*