Healthy Fitness Zone® (HFZ) Body Mass Index (BMI)*

Percent of students in healthy fitness zone
- 26% - 46%
- 47% - 50%
- 51% - 53%
- 54% - 55%
- 56% - 67%

Source: Georgia Department of Education 2013-2014 Annual Fitness Assessment
* Healthy Fitness Zone® criteria standards as per FITNESSGRAM®.
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